



**\*Check List with signed forms and physical form must be returned to the Administration Office BEFORE TRY-OUTS.**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Activity (Check all that apply):

Flag Football    Volleyball    Soccer    Softball    Basketball



**Parent, please initial that you have received and/or submitted the attached forms:**

\_\_\_ Received TCDS Athletic Packet Policy and Procedures

\_\_\_ Permission for Participation Form

\_\_\_ Parent Responsibilities and Code of Conduct

\_\_\_ Registration and Emergency Information Form

\_\_\_ Transportation Permission

\_\_\_ Physical Form (\_\_\_ Check here if submitted earlier this school year)

\_\_\_ If applicable, fill out Champion Care paperwork for Wednesday use only, from 12:00-3:30pm for \$5 each week.

\_\_\_ Activity Fee paid online

**\$25 is due before students are able to attend tryouts** (*\$25 is non-refundable*)

**\$75 is due after students make the team**



# School Sponsored Athletic Activity Registration and Emergency Information Form

**Activity:** (Circle all that apply) Flag Football    Volleyball    Soccer Softball    Basketball    Cheerleader

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent(s) Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ / \_\_\_\_\_  
(Father) (Mother)

Cell Phone: \_\_\_\_\_ / \_\_\_\_\_  
(Father) (Mother)

Email: \_\_\_\_\_

Person(s) to contact in case of emergency (other than parent)

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

Does your child have any medical concerns that may affect his/her participation in any athletics?

Yes    No    If yes, please provide a brief description:

\_\_\_\_\_  
\_\_\_\_\_

## CONSENT FOR MEDICAL TREATMENT

If emergency care requiring medical action or treatment by a physician is required, and a parent or guardian cannot be contacted; I hereby authorize that my child be given emergency medical care as deemed necessary by school officials, including securing ambulance service. I also give permission to school officials to administer first-aid.

I understand that I am responsible for any medical expenses that may be incurred due to any injury/ accident that may occur during participation in the school athletic program.

\_\_\_\_\_  
Parent/Guardian: Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Permission for Participation in School Athletics

*Tucson Country Day School's athletic activities were established on the foundation that athletic activities can play an essential role in the development of students. Our athletic programs are intended to promote academic achievement, commitment, leadership, responsibility, respect, sportsmanship, and teamwork, each representing essential characteristics that we believe will assist students to experience success for years to come. You are encouraged to attend and watch your student display his/her abilities during school sponsored activities and interscholastic competition.*

I/We give permission for \_\_\_\_\_  
(First Middle Last Name) (Grade)

to participate in \_\_\_\_\_ during the \_\_\_\_\_ school year.  
(Sport) (Year)

As the parent/guardian for my student, I hereby release and indemnify the TCDS parties, to include owners, employees, agents, and representatives, from and against all claims, liabilities, damages or causes of action arising out of or in connection with my student's participation in the athletic program including, without limitation, the player's transportation to/from any activity which transportation is hereby authorized.

I am also aware that Tucson Country Day School does not provide insurance that covers injuries that may be sustained by my student(s) during tryouts, practices, or interscholastic competition and that accident insurance is my responsibility.

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I have read and understand the TCDS Athletics Policies and Procedures. I understand that failure to adhere to these policies may result in my student's removal from the program and possibly future TCDS events.

\_\_\_\_\_  
Parent/Guardian: Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Mild Traumatic Brain Injury/Concussion Statement & Acknowledgment Form

I, \_\_\_\_\_ (student), acknowledge that I have to be an active participant in my own health and have the direct responsibility for reporting all of my injuries and illnesses to the school staff (coaches, officials, coordinators). I further recognize that my physical condition is dependent upon providing accurate medical history and a full disclosure of any symptoms, complaints, prior injuries and-or disabilities experienced before, during or after athletic activities.

By signing below, I acknowledge:

- TCDS has provided me with the concussion fact sheet (<http://www.cdc.gov/concussion/HeadsUp/youth.html>) on what a concussion is and has given me an opportunity to ask questions.
- I have fully disclosed to my coaches any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the coaches, officials and/or coordinators.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the TCDS coaches and/or staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved, AND I have written clearance to do so by a qualified health care professional.
- Following a concussion, the brain needs time to heal, and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC, the following sports have been identified as high risk for concussion: basketball, football, soccer, and softball.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences, and implications of signing this document, and that I agree to be bound by this document.

\_\_\_\_\_  
Student Athlete: Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian: Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Parent Responsibilities and Code of Conduct

## Parent Responsibilities

1. Encourage your child to participate in program, but do not pressure him or her. Let your child choose to participate and to quit if he or she does not want to participate.
2. Understand what your child wants from the program and provide a supportive atmosphere for achieving those goals.
3. Keep winning in perspective, and help your child do the same.
4. Help your child set realistic performance goals.
5. Help your child understand the valuable lessons that athletics can teach.
6. Help your child meet his or her responsibilities to the team and the coach.
7. Turn your child over to the coach/coordinator at practices, meetings, and games.
8. **Supply the coach with information regarding any allergies or special health conditions your child may have.** Make sure your child takes any necessary medications to games, meetings, and practices.

## Parent Code of Conduct

1. Remain in the spectator area during games, meetings, and practices.
2. Let the coaches coach.
3. Let the coaches and/or officials work with the other team.
4. Cheer for your child's team, and not against the other team.
5. Show interest, enthusiasm, and support for your child.
6. Be in control of your emotions.
7. Help when asked to do so by coaches or officials.
8. Thank coaches, officials and other volunteers who conduct the event.

I have read and understand the TCDS Athletics Policies and Procedures. I understand that failure to adhere to these policies may result in my removal from competitions and possibly future TCDS events.

\_\_\_\_\_  
Parent/Guardian: Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Transportation Permission and Indemnity Form

Families MUST provide transportation for their student athletes to and from all games and practices.

I/We understand that I/we may transport ONLY my/our child to or from the games.

As the parent/guardian for my child, I hereby release and indemnify all TCDS parties, to include owners, employees, agents, and representatives, from and against all claims, liabilities, damages or causes of action arising out of or in connection with my child's participation in the TCDS Athletic Program including, without limitation, the player's transportation to/from any activity which transportation is hereby authorized.

**I authorize the following person(s) to provide transportation to and/or from practices and/or away games:**

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

I have read and understand the Transportation Permission and Indemnity Form. I understand a failure to adhere to the policies may result in the removal of my student from the program and possibly future TCDS events.

\_\_\_\_\_  
Parent/Guardian: Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# TCDS Athletic Program Policies and Procedures

## **Physical Examination Requirement for Athletic Program**

A physical form must be on file for an athlete to practice or play. Forms are available in the TCDS office or online at [www.TCDCharterschool.com](http://www.TCDCharterschool.com). Physical forms are valid for 1 year from the date of the examination.

## **Athletics Program Registration and Fees**

The Athletic Registration Packet must be completed and turned into the office BEFORE a student can participate in tryouts.

Tucson Country Day School assesses a \$100.00 participation fee for each school sponsored activity. \$25 of that fee is due before students will be permitted to tryout. The remaining \$75 is due after the student makes a team. Funds are used to defray costs associated with Tucson Country Day School's Athletics Program.

The Participation Fee must be paid prior to the first game of the season. Team members are not eligible to play in a game if their Participation Fee has not been paid. There are no refunds for participants who are removed from the activity for any reason.

## **Athletic Teams**

Students must be in at least fifth grade to participate in the after-school sports programs.

In most cases, there are two teams for each sport (with the exception of softball). The "A" team is for students that demonstrate advanced skills in that particular sport. The "A" team is also used to prepare students to play competitive high school sports. If you are selected for the "A" team, you are not guaranteed to be played in any game during the year. Playing time is decided by the coach, and the coach is not obligated to play every player. If you have any additional concerns about this issue, please see Mr. Hall, TCDS Athletic Director, first.

The "B" teams are created to develop players to later become successful "A" team players and to teach the students the rules of the game. The goal is to familiarize the students with competition and organized sport. "B" team students that attend practice regularly should play at least one quarter of the game.

*Thank you for your time, support and understanding. We look forward to another "CHAMPIONship" season.*

*If you have any further questions, please feel free to contact Mr. Hall, TCDS Athletic Director, at [thall@tcdschampions.com](mailto:thall@tcdschampions.com) or 296-0883, ext 1148.*

## **Expectations**

Students are to represent the school teams with dignity, respect, and pride. Sportsmanship shall always be exhibited when representing Tucson Country Day School.

## **Eligibility**

Eligibility for students will be based on tardiness and absences. Students who reach 5 tardies or 5 absences in each quarter will be ineligible to participate in one game the week following the 5th offense. Students who reach 8 tardies or 8 absences in a given quarter will be ineligible to

participate in two games the week(s) following the 8th offense. Students who reach 10 tardies or 10 absences in each quarter may be removed from the team for the season.

Students who receive behavioral referrals will have their athletic eligibility taken into consideration by administration and/or the athletic director.

### **Please Note:**

If a student is ineligible, they may participate in practices, but are not allowed to play in games. Ineligible players are expected to attend games. They player may sit on the bench and must be in their “street clothes.” Students who are ineligible to play will miss a minimum of one week of competitive performance. Ineligible students may rejoin the team on the first Monday that they become eligible.

Coaches may suspend or permanently remove a player from the team for repeated tardy/absence and/or behavior issues.

### **Practices**

Practices start 15 minutes after the school day has ended unless the coach teaches grades K-3<sup>rd</sup>. In those cases, students must go to “sibling care” until the coach/coordinator is released at 3:15 p.m.

Practice end times may vary depending on the coach. Please make sure that you pick up your child within a 15-minute time period after the scheduled practice is supposed to end.

Failure to pick up your child in the above time period may result in dismissal from the team.

### **Athletic Uniforms**

Students are expected to care for the uniform and to return it in good condition as soon as the season is finished. Students who do not return their uniform, or who lose or damage the uniform beyond normal wear and tear, will be required to pay for the cost of replacing the uniform. A student’s report card may be held until payment is received.

### **School Expectations**

- School rules are in effect during all practices and home and away games.
- Sportsmanship and respect among students, coaches and parents shall not be compromised.
- Concerns that may arise during the season should be expressed to the coach at a time that does not interfere with class time, meetings, events, practices, or games.
- Exemplary student behavior is expected at all times.
- Student athletes must be in school on the day of the game to participate. Please make every effort to schedule medical appointments on non-game days.
- Student participants should maintain exemplary attendance and arrive promptly for school.
- Students are to represent the school with dignity, respect, and pride. Sportsmanship shall always be exhibited when representing TCDS.
- Students can be deemed ineligible to participate in competition for violating any school expectations.

Updated 6/22/2022