

Tucson Country Day School
Mitigation Plan
Updated 2/15/2021

Information contained within this Mitigation Plan is guided by the Pima County Health Department, Arizona Department of Health Services, and the Center for Disease Control. This plan is evolving and subject to change.

Screening

Families/Guardians are the first point of screening for symptoms and should self-report when symptoms are present by calling their health care provider and school, and keeping their child home.

Point of Contact

TCDS Health Clerk, Ms. Nicky Brown, is the point of contact with any questions or information pertaining to this Mitigation Plan. She can be reached at 520-296-0883 or nbrown@tcdschampions.com.

SECTION 1:

Do you/Has the child/children: have any of the following symptoms:

- Fever $\geq 100.4^{\circ}\text{F}$ or chills
- Cough (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache (new onset)
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea or abdominal pain

SECTION 2.

Have you had close contact* in the last 14 days with:

- Someone that has a confirmed case of COVID-19 case OR
- A person with symptoms of COVID-19 OR
- Someone that traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases OR
- Someone who lives in areas of high community transmission.

IF YES to SECTION 1 + NO to ALL SECTION 2:

School

- Stay masked and isolate immediately in designated space until individual can leave/be picked up.
- Stay home unless to go to medical care, monitor symptoms, see medical care as needed (call first).
- Discuss the need for a test with a healthcare provider.
- The school will notify parents/guardians, and designated school personnel about student or staff absence and health status.
- Symptomatic students or staff may return to campus with clearance from a healthcare provider.

IF YES to SECTION 1 + YES to ANY SECTION 2:

School

- Stay masked and isolate immediately in designated space until can leave/be picked up.
- The school will close off areas used by symptomatic and/or confirmed COVID-19 cases. Do not use the space before cleaning and disinfection. To reduce risk of exposure, wait 24 hours before you clean and disinfect. If it is not possible, wait as long as practicable.
- Utilize appropriate PPE and ventilation while applying safe and correct application of disinfectants for cleaning.
- The school will keep disinfectant products away from students.

Home

- Follow guidance on isolation or quarantine according to ADHS.
- Call a healthcare provider to obtain COVID-19 viral test.
- Stay home unless to go to medical care, monitor symptoms, seek medical care as needed (call first).
- Separate (isolate) from other family members if possible; avoid sharing household items, clean high-touch surfaces.
- Wear a mask around others, cover coughs and sneezes and clean hands often using soap and water and scrubbing for 20 seconds.

Close Contact Definition

Close contact of someone with COVID-19: Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection).

** Individual exposures added together over a 24-hour period (e.g., three 5-minute exposures for a total of 15 minutes). Data are limited, making it difficult to precisely define “close contact;” however, 15 cumulative minutes of exposure at a distance of 6 feet or less can be used as an operational definition for contact investigation. Factors to consider when defining close contact include proximity (closer distance likely increases exposure risk), the duration of exposure (longer exposure time likely increases exposure risk), whether the infected individual has symptoms (the period around onset of symptoms is associated with the highest levels of viral shedding), if the infected person was likely to generate respiratory aerosols (e.g., was coughing, singing, shouting), and other environmental factors (crowding, adequacy of ventilation, whether exposure was indoors or outdoors). Because the general public has not received training on proper selection and use of respiratory PPE, such as an N95, the determination of close contact should generally be made irrespective of whether the contact was wearing respiratory PPE. At this time, differential determination of close contact for those using fabric face coverings is not recommended.*

<https://www.cdc.gov/coronavirus/2019-ncov/community/correction-detention/guidance-correctional-detention.html>

COVID-19 Positive

- A student or staff member who becomes infected with COVID-19 must self-quarantine for 14 calendar days.
- Siblings of an infected student, and attending children of an infected staff member, must self-quarantine for 14 calendar days. (see “high risk exposure” definition below)
- Persons with COVID-19 who have symptoms may discontinue isolation under the following conditions:
 - At least 10 days* have passed since symptom onset and
 - At least 24 hours have passed since resolution of fever without the use of fever-reducing medications and
 - Other symptoms have improved.

*A limited number of persons with severe illness may produce replication-competent virus beyond 10 days, that may warrant extending duration of isolation for up to 20 days after symptom onset. Consider consultation with infection control experts. See [Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings \(Interim Guidance\)](#).

Risk of Exposure Definitions

These categories should be considered interim and subject to change.

Low Risk Exposure: Being in the same indoor or outdoor environment, with a symptomatic, laboratory-confirmed COVID-19 infection for a prolonged period of time but not meeting the definition of close contact.

- Based on the collective mitigation strategies being employed on campus (masks, hand hygiene, social distancing, outdoor air circulation), TCDS believes that exposures on campus would be considered low risk exposures.
- Staff and families of students will be notified within 12 hours by the school if they had low risk exposure on the TCDS campus.

High Risk Exposure: Living in the same household as, or being in close contact with a person with symptomatic, laboratory-confirmed COVID-19 infection.

- Staff and families of students will be notified by a phone call within 12 hours by the school if they had high risk exposure on the TCDS campus.
- Staff and students with high risk exposure are to quarantine for 14 days and engage in their teaching/learning remotely as their health allows.
- Quarantine for COVID-19 should last for 14 days after the exposure has ended.
- If symptoms develop during the 14-day period, and/or a quarantined individual receives a positive viral test result for COVID-19, the individual should be placed under medical isolation and evaluated by a healthcare professional.
- If another member of the household begins to show symptoms during the period of quarantine, the 14-day quarantine period for the student or staff member would restart, beginning on the day the family member began to show symptoms.
- Quarantine may end after Day 10, without testing if no symptoms have been reported during daily monitoring.
- Quarantine can end after Day 7, with negative testing results AND no symptoms reported.
 - The test must be taken within 48 hrs *before* the time of planned shortened quarantine.
 - Quarantine cannot be discontinued earlier than after Day 7

<https://www.cdc.gov/coronavirus/2019-ncov/community/correction-detention/guidance-correctional-detention.html>

Hygiene / Sanitation

- High touch surfaces (desks, door handles, restrooms, playgrounds) will be sanitized daily using an EPA registered disinfectant.
- All students in grades K-8, and all TCDS teachers and staff, will wear a facemask* while on campus and participate in routine hand-washing.
- TCDS has installed fifteen outdoor hand washing stations for student and staff use throughout the day.
- Hand sanitizer is available in each classroom for student use when unable to wash hands.
- Use of shared objects will be discouraged. Students will be expected to come to school with personal supplies.

* [Some masks work better than others](#) to help stop the spread of COVID-19 outside of healthcare settings. Medical masks and N-95 respirators should not be used because they should be conserved for healthcare personnel. The following are [recommendations from the CDC](#) as it related to mask wearing:

Recommended: Non medical disposable masks, masks that fit properly (snugly around the nose and chin with no large gaps around the sides of the face), masks made with breathable fabric (such as cotton), masks made with tightly woven fabric (i.e., fabrics that do not let light pass through when held up to a light source), masks with two or three layers, masks with inner filter pockets,

Not Recommended: Masks that do not fit properly (large gaps, too loose or too tight), masks made from materials that are hard to breathe through (such as plastic or leather), masks made from loosely woven fabric or that are knitted, i.e., fabrics that let light pass through, masks with one layer, masks with exhalation valves or vents, wearing a scarf/ski mask as a mask.

In the event that wearing of a recommended face mask may not be feasible for a student or staff member, TCDS Administration will consider adaptations or alternatives.

Physical Distancing

- A staggered student drop off and pick up will be implemented to minimize large numbers of students entering campus at once.
- For on-campus learning, student cohort groupings will be based on the size of the room. Student seating will allow for distance as close to six feet as possible, based on the furniture being used and size of the classroom.
- Classroom backdoors will be opened at all times, along with either the classroom front door and/or front window.
- Student cohorts will not interact with other cohorts while indoors.
- Students will learn outdoors on the TCDS 11-acre campus as often as possible, weather and task permitting.
- Parents will not be allowed on campus unless special circumstances arise.
- There will be staggered recess and lunch breaks for each cohort.

Lunch

- Lunch will be eaten outdoors under ramadas, weather permitting.
- Ordered lunch is prepared safely offsite and delivered to TCDS.
- Ordered lunch will be picked up by students in the TCDS kitchen area during their assigned lunch time.

Attendance/Learning

- Student and staff attendance will be monitored daily.
- School will provide education to students about:
 - What to do if they are feeling sick
 - Importance of the three W's to prevent illness:
 - Wearing a face covering
 - Walking 6 feet apart
 - Washing hands
- Staff will receive training COVID-19 (e.g. symptoms, transmission, prevention)
 - Proper use, removal and cleaning of face coverings and how to assist students with these actions.
 - Policies for enforcing social distancing.
 - How to teach/model/monitor: hand washing/use of sanitizer; use/disposal of tissues for coughing, sneezing and wiping noses.

School Communication

- TCDS is working with the Pima County Health Department and the Arizona Department of Health and Safety to forecast situations in which schools may be required to close in the future.
- The school will notify staff and families of the need to close via Class Dojo and email. In the event of intermittent closures, TCDS will engage in remote learning administered by the same teacher(s) the student had prior to the intermittent closure.